



## The Art and Science of Improving Lives Prosthetic and Orthotic Services

### **Donning/Doffing of Double Wall Transfemoral EPN Socket System**

#### 1) Residual Limb Inspection

- Inspect residual limb each day prior donning your prosthesis
- \* Use small hand held mirror to view distal end

#### 2) Apply Skin lubricant

- Anatomical Designs Inc. recommends A&D Ointment, Monistat Soothing Care Chafing Relief Powder Gel

#### 3) Donning Silicone Liner

- Invert silicone Liner
- Place against distal end of residual limb
- Roll silicone liner up your residual limb
- \*Burp silicone liner\*
- Inspect to ensure liner has no air trapped between it and your residual limb

#### 4) Place Air Wick

- Nylon
- Appropriate ply of sock

#### 5) Donning Distal Cup

- Sealing sleeve should be inverted down the outside of distal cup
- Place distal cup on residual limb over silicone liner and air wick
- Position distal cup in appropriate position
- Reflex sealing sleeve up over distal cup, air wick, and silicone liner

6) Charge Vacuum Camber

- Charge chamber to value established by your Prosthetist  
(Have lines to fill in with vac values)

7) Don Retainer

- Slide retainer on and secure side pin, lanyard, or distal pin
- On side pin insure that blue button snaps back into closed position

**1-800-418-0313**

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